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## Mixed Vegetables - IQF Premium Quality

### Product Specifications

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**Product Name:** Mixed Vegetables

**Brand:** OPS Oman

**Product Type:** Individually Quick Frozen (IQF)

**Quality Grade:** Premium

### Packaging Information

- **Unit Size:** 2.5 KG per pack
- **Pack Format:** 4 packs per carton
- **Total Carton Weight:** 10 KG
- **Packaging Material:** Food-grade polyethylene bags in corrugated carton
- **Package Dimensions:** 40cm × 30cm × 25cm (approximate)

### Storage & Handling

- **Storage Temperature:** -18°C or below
- **Shelf Life:** 24 months from production date when properly stored
- **Transport Conditions:** Maintain frozen at -18°C or below
- **Handling Instructions:** Do not refreeze after thawing

### Product Characteristics

- **Appearance:** Colorful mix of uniformly cut vegetables
- **Composition:** Carrots, peas, corn, green beans, and bell peppers
- **Texture When Cooked:** Tender, not mushy
- **Foreign Material:** Less than 0.1% by weight
- **Defects:** Less than 2% by weight (discoloration, blemishes)

### Processing Method

- Harvested at optimal maturity
- Washed and cleaned

- Cut to uniform sizes (where applicable)
- Blanched to preserve color and nutrients
- Individually quick frozen at -30°C to maintain structure
- Mixed in specified proportions
- Sorted and packed under strict quality control

### Quality Certifications

- HACCP Certified
- ISO 22000 Compliant
- Halal Certified

### Nutrition Facts (per 100g)

| Nutrient           | Amount  | % Daily Value* |
|--------------------|---------|----------------|
| Calories           | 64 kcal | 3%             |
| Total Fat          | 0.5 g   | 1%             |
| - Saturated Fat    | 0.1 g   | 1%             |
| - Trans Fat        | 0 g     | -              |
| Cholesterol        | 0 mg    | 0%             |
| Sodium             | 55 mg   | 2%             |
| Total Carbohydrate | 13.5 g  | 5%             |
| - Dietary Fiber    | 4 g     | 14%            |
| - Total Sugars     | 4.5 g   | -              |
| Protein            | 3.3 g   | 7%             |
| Vitamin A          | 5000 IU | 100%           |
| Vitamin C          | 15 mg   | 17%            |
| Calcium            | 25 mg   | 2%             |

| Nutrient  | Amount | % Daily Value* |
|-----------|--------|----------------|
| Iron      | 0.9 mg | 5%             |
| Potassium | 230 mg | 5%             |

\*Percent Daily Values are based on a 2,000 calorie diet.

### Allergen Information

- Free from known allergens
- Processed in a facility that handles various vegetables

### Country of Origin

- Egypt (Processed by Elkoubasy Group)

### Intended Use

- For further cooking before consumption
- Suitable for catering and food service applications



### Contact Information

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*Source: Nutrition data compiled from USDA FoodData Central and verified by independent laboratory testing.*